



AL AIN JUNIORS SCHOOL
INDIAN SYSTEM

Winter Holiday Assignment

Subject		Grade & Section	1 A / B / C / D
Name			

Hello kids,

Winter Vacation is back again. Enjoy with your family and friends with festive occasion revolving around. Along with that, there is a lot more you can do to make your vacation more interesting, meaningful and full of fun; along with doing all your heart's desire.

We hope your homework and activities will be well managed and presented.

Keep in mind the following points while doing your home-work.

1. All the work should be done very neatly.
2. All projects will be graded.
3. Parents are requested to just guide the children to complete the task on their own.

THEME:

GOOD HEALTH AND

WELL BEING

English:



Write a few tips to keep you safe during winter season.

Global Goals: Good Health and Wellbeing

e i t n o i t u l l o p
m l h n z y d p s t s e
o l e r w o h e w h e d
t n n b f y o h g d r e
i e i k s a g n e u i v
o s c i o l i a t i e d
n s c c x e s o c i a l
a a a i b y r u j n i a
l e v l j e h a r e s t
q u l m h e a l t h i n
p e s t u h t e l y r e
w o e v e n i c i d e m

Find the following words and colour.

emotional

mental

physical

social

wellbeing

health

rest

pollution

vaccine

medicine

illness

injury

Math:

Healthy Eating Code Breaker

Solve the maths calculations to crack the codes for healthy eating words and tips.

a	b	c	d	e	f	g	h	i	j	k	l	m
6	15	21	5	13	24	18	7	12	1	25	19	9

n	o	p	q	r	s	t	u	v	w	x	y	z
22	16	11	26	2	17	20	3	10	8	14	23	4

	Answer	Letter
$10 + 10$		
$15 + 1$		
$20 - 11$		
$13 - 7$		
$30 - 10$		

	Answer	Letter
$14 + 2$		
$11 + 11$		
$21 - 9$		
$13 + 3$		
$12 + 10$		

	Answer	Letter
$11 + 10$		
$19 - 13$		
$22 - 20$		
$20 - 18$		
$20 - 4$		
$17 + 3$		

	Answer	Letter
$13 + 5$		
$12 - 6$		
$12 - 10$		
$11 + 8$		
$17 - 5$		
$12 + 9$		



Extra Challenge

Find the answers to these calculations and then use the code breaker to find out if a tomato is a fruit or vegetable.

	$18 + 6$	$19 - 17$	$15 - 12$	$10 + 2$	$16 + 4$
Answer					
Letter					



SCIENCE

1. Use the pictures clues to help you solve the crossword puzzle. Then use the letters in the circles to spell out the name of the yummy dish at the bottom of the page.

1. across

2. across

3. across

6. across

1. down

4. down

5. down

9. down

8. down

7. down

2. Research work: Research any one of the following and write in at least in six sentences on an A4 size paper.

a. What would you do if your friend needs help or support?

OR

b. Whom would you go for help if you need some support in school, at home or in the wider community?

Social Science:

1. Create a healthy food alphabetical chart with pictures on an A4 size paper.